

sp●tlight[™]

Oat Milk Ice Cream

MAKES 1 PINT

Ingredients: _____

Creamy Oat Milk: 2¹/₂ cups very cold water throw a few ice cubes into the water to really chill it ³⁄₄ cups old fashioned rolled oats ¹⁄₂ cup Spotlight culinary oil™ I teaspoon kosher salt

Oat Milk Ice Cream: 1³/₄ cup creamy oat milk 1¹/₂ cups raw cashews ¹/₂ cup maple syrup ¹⁄₄ cup Spotlight[™] Oil 1 tablespoon vanilla extract 1 teaspoon apple cider vinegar ¹⁄₄ teaspoon kosher salt

Preparation: _____

Creamy Oat Milk:

Combine the oats, water, Spotlight[™]Oil, and salt together in a high powdered blender for 30 to 40 seconds on high.

Placeafinemeshstraineroveralargebowlandstrainthemilkwithoutpushinganyexcess pulp through the strainer. This will create a creamier texture that's not gritty or gummy. Rinsethepitcherout, pourthemixturebackintotheblenderpitcher, clean any oat residue outofthebowlandstrainthemixtureonemoretime.Measure1%cupsoatmilktousefor the ice cream and reserve the rest for another use in coffee, baked goods, etc.

Oat Milk Ice Cream:

Soakthecashewsincoldwaterfor2hours.Drainandaddthemtoahighpowderedblender with the remaining ingredients. Process on high for 45 seconds. Strain mixture through a finestrainerandchill.Whenready,churninanicecreammachine,orfreezemixtureinanice cubetrayandthenprocessinahighpoweredblenderuntilsmooth. If desired, fold in oat milk caramel sauce, oat milk chocolate sauce, crushed cookies, nuts, jam, etc.